

Subluxation - Free Press

Volume 1, Issue 1

What Is Chiropractic?

Chiropractic's area of interest is subluxation, a condition in which a vertebra becomes slightly misaligned with an adjacent segment in such a way as to disturb nerve function. The practice objective of chiropractic is to locate, analyze and correct subluxation.

Chiropractic maintains that the body possesses a unique internal wisdom that strives to maintain it in a state of good health. This wisdom is innate, instinctive. This intelligence strives to maintain normal heart rate, blood pressure, adrenalin production, etc.; this same intelligence also directs our bodily function in continuously adapting to an ever changing environment.

Maintenance of good health depends upon the body's natural ability to continually adapt to changes in its internal and external environment. Ensuring this capability is one of nature's most remarkable communication networks: the nerve system.

The brain sends mental impulses to each of the body's more than 100 trillion cells, giving them direction on how to function properly. At the same time, each part of the body is sending the brain information concerning its internal and external environment. These mental impulses are transmitted to and from the brain by way of the nerves passing through the spine.

Vertebrae in the spine can and do become subluxated, which interferes with the body's communication process. A subluxation causes messages being transmitted over nerves to become garbled, or modified; the body's response to the environment is then inadequate.

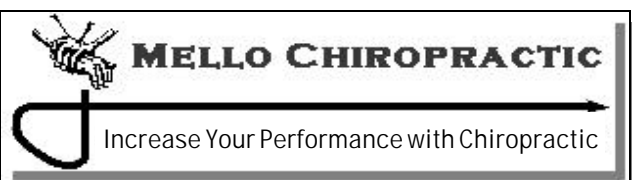
Chiropractic makes its contribution to health by identifying, analyzing and correcting subluxated vertebrae. The doctor of chiropractic removes this particular kind of interference to the body's innate striving to maintain its own health.

Chiropractic's concern, then, is with subluxation and its influence on health and human performance. Its aim is to ensure that the body's natural health-assurance process is allowed to function without interference from subluxation.

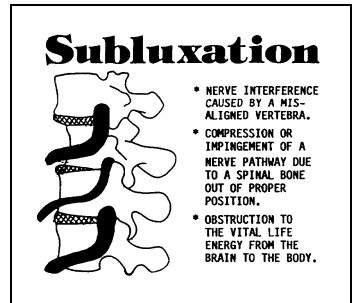
Chiropractic involves the study of philosophy, science and art. It is a philosophy concerned with the striving of all living things to maintain their own organization or health. It is a science; the science that deals with the relationship between the spinal segments and the nerve system, and the effect this relationship has on the body's innate striving to express and maintain its own health. It is an art; the art concerned with locating and correcting vertebral subluxations.

In the end, chiropractic is concerned with life, because good health, after all, is the expression of life itself.

Nature Needs No Help, Just No Interference.



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Alternative Health Care

Alternative Healthcare means having a choice in treatments for a particular disease or problem. The era in which we are currently living in has many advocates of "natural" alternatives. **A c u p u n c t u r e**, **h o m e o p a t h y**, **naturopathy**, **herbology**, to name but a few, have all become more popular in recent years. Chiropractic, on the other hand, is not *alternative* health care. For it isn't a different approach to treating a disease. It is a distinctly separate service which addresses a problem (subluxations) whether someone has or doesn't have a disease.

Someone with a disease will better fight that disease if they have no nerve interference. That is just simple biological logic. People who are subluxated yet have no disease should have the nerve interference eliminated so their bodies can function properly.

Discover The Truth About Chiropractic



Adjustment

- THE SPECIFIC CORRECTION OF A SPINAL S-U-B-L-U-X-A-T-I-O-N.
- THE REALIGNMENT OF A VERTEBRA WHICH IS CAUSING NERVE INTERFERENCE.
- RE-ESTABLISHING THE INTEGRITY IN THE RELATIONSHIP BETWEEN THE SPINE AND THE NERVE SYSTEM.
- FREEING THE OBSTRUCTION TO THE PATHWAYS WHICH CARRY THE VITAL LIFE FORCE.

*The 4 components necessary for life:
 air
 water
 food
 nerves
 Life without air for 3-4 minutes,
 water- 4 days,
 food- one month.
 nerve supply= instant death.*

Can you explain Chiropractic to others? Having a bit of trouble?

Try these:
 Take a brochure,
 Attend a patient evening.
 Borrow a video.
 Borrow a book.
 Schedule a consult to have your questions answered.
Just Ask!!!