

Subluxation - Free Press

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YOUR NERVOUS SYSTEM

The nervous system of the human body vastly exceeds that of the most sophisticated computer imaginable.

It is estimated that each nerve of the human body may interconnect with as many as 60,000 other nerves. Possible nerve circuits could total as many as the number one followed by fifteen million zeros.

The incredible complexity of this marvelous system is beyond comprehension; yet, barring interference, it works efficiently every sleeping and waking moment to correlate and integrate the various body processes, to regulate the reactions and adjustments of the human organism to its environment, and to form conscious thought. Because of the many and constant demands made upon it at all times, it is imperative that this marvelous system functions at peak efficiency at all times if the body is to respond to the demands of its environment to the utmost of its potential.

THE BRAIN AND SPINAL CORD (Central Nervous System)

The brain and spinal cord is the undisputed commander of all organs and systems of the body. It is housed in the skull and spinal column and contains 12 to 15 billion nerve cells, all of which are present at birth. The brain itself is the most active organ. It uses 45% of the oxygen we breathe and 2/3's of the energy producing glucose we ingest, although it is less than 5% of the total body weight.

The brain and spinal cord must constantly monitor incoming nerve messages from all parts of the body. These messages inform it of the exact demands the organs and tissues must meet to act up to their fullest potential. Upon receiving these demands, it immediately issues the responses necessary to meet them. The brain monitors the body not periodically, but by the millisecond, 24 hours a day.

Because the brain is directly connected to every cell or group of cells in the body, it not only makes the perfect calculation, but it orders the perfect response. There is no guesswork by the brain. It knows exactly how to meet the body's needs. It is the ultimate source of decision.

(continued on next page)

Subluxation



- NERVE INTERFERENCE CAUSED BY A MIS-ALIGNED VERTEBRA.
- COMPRESSION OR IMPINGEMENT OF A NERVE PATHWAY DUE TO A SPINAL BONE OUT OF PROPER POSITION.
- OBSTRUCTION TO THE VITAL LIFE ENERGY FROM THE BRAIN TO THE BODY.

How long before I'm Well?

Healing takes time.... It is a process, not a quick event. For most people, their departure from health took place over a period of months, or in most cases years. For the body to rebuild and reorganize takes time.

It is also very important for the chiropractic patient to remember the chiropractic objective. The goal is to eliminate nerve interference caused by spinal subluxations, not to treat a person's disease or symptoms.

With a nerve system free of interferences, the body can better rebuild and reorganize in establishing health once again.

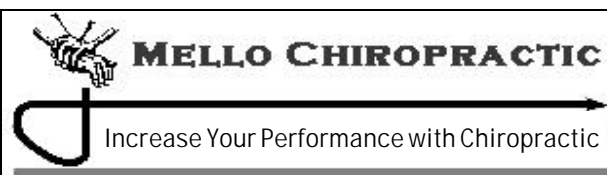
Patients have a tendency to measure their progress according to their symptoms while the chiropractor measures their progress by the amount of reduction of nerve interference.

Spinal adjustments correct the malpositioned vertebrae and the body then repairs and heals the surrounding tissues - including the nerve tissue.

The repositioning of the vertebrae and the healing of other tissues takes time.

Be patient... for the benefits received from spinal adjustments are well worth waiting for.

Nature Needs No Help, Just No Interference.



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Discover The Truth About Chiropractic.



The inborn intelligence of the body is the only HEALER. Don't let your, or anyone else's education try to tell you otherwise.

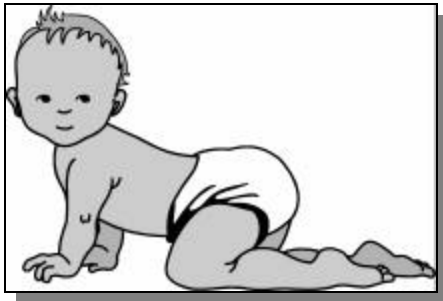
Infants affected by Vertebral Subluxation

Even infants can be affected by the life and health damaging effects of vertebral subluxation, so says a study conducted by V. Frymann, MD.

Vertebral Subluxation is a small misalignment of the bones of the spine that interferes with body function, health and the full expression of human potential.

The study, published in the *Journal of the American Orthopedic Association*, says that out of 1250 infants chosen at random, 211 of them suffered from nervousness, vomiting, muscular abnormalities, tremors and insomnia. 95% (200) of those children had abnormal cervical (neck) muscle strain indicating vertebral subluxation.

When the subluxation was adjusted and the muscle strain removed, an immediate calming often resulted, the children's crying stopped, the muscles relaxed and the children fell asleep. **17**



Are you making sure your children are being checked to give them the best life they can have? If not, why not?

CHIROPRACTIC NIGHTS

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The Brain & Spinal Cord (continued)

For the brain to function properly, however, there must be no interference in 'the receiving or sending of signals. The messages must flow both ways loud and clear.

Your Chiropractor is the best qualified person to see that the central nervous system is free from the impediment of vertebral subluxations so that it may continue to do the fantastic job it was designed to perform at the best of its ability.

When nerve channels of communication are kept open, the brain will compute the body's needs and direct the proper response to those needs. All chemicals necessary for life and health are normally made by the body and prescribed by the brain in the most exacting manner. Without chemical balance, all of the body's actions will be imbalanced.

For the individual, Chiropractic is a means of maintaining open channels so the body may tend itself. For the wise individual, it is a way of periodically checking the spine to insure interference free communication of all systems of the body.

